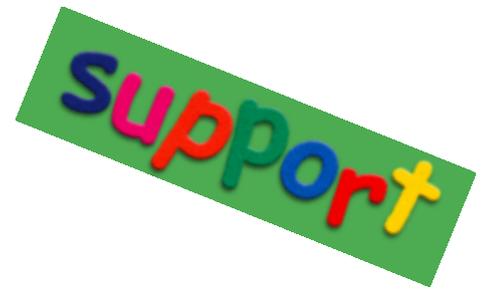


Early Help offer for Children and Families at St Egwin's Church of England Middle School



What is Early Help?

At St Egwin's Church of England Middle School we understand that many children and families experience difficult times which can make a happy, successful school and home life a struggle. Sometimes there are problems that parents and carers might need a bit of help with. We believe part of our role is to help parents and carers ensure that their children can be happy, learn and flourish at school beyond.

At St Egwin's Church of England Middle School we will listen to any concerns, issues worries or feedback you wish to raise or discuss. If you are experiencing difficulties we will try to support your family by providing Early Help.

What sort of Early Help can we offer families?

- Working through problems with you and looking at creative strategies
- Providing individualized support in school to your child through interventions
- Providing classes to families to help you deal with a range of issues
- Signposting you to a range of services like Citizens Advice, family therapy
- Linking you in to local support networks like the PPP parenting programme
- Supporting the family if there are issues like benefit changes, unemployment

Who should you contact if you have any concerns?

General concerns and worries should be raised initially with your child's **Form Tutor**. This is always a good place to go first.

However, you may feel that someone else might be better to deal with a particular concern:

Mr Pullan - Head teacher - Deputy Safeguarding Lead

Mr Plane - Deputy Head teacher - Behaviour

Ms Gordon - Assistant Head teacher (Welfare and Designated Safeguarding Lead)

Miss Sliwinska - Deputy Safeguarding Lead

Mrs Petit - SENCo

Mr Jordan - KS2 Coordinator

Mr Langley - KS3 Coordinator or Mr Clabbon - Assistant Key Stage 3 Coordinator

Mrs Coats - School Mentor

Mr Taylor - Mental Health Coordinator

Mrs Higgins - E - Safety Lead

Working together makes sense



Below is some of the Early Help we offer. However, check out the school website under the Safeguarding tab and you will find links to much more.

School Mentor: Our school Mentor, Mrs Coats is allocated a Thursday to work with children identified as needing support to cope with social, family and emotional difficulties.

Moodmaster: Weekly sessions are run by Mr Taylor with young people who have been identified as suffering with anxiety or low self-esteem. These are small group sessions which provide pupils with self-help strategies and time out to share with others.

In- House interventions: A range of 1:1 interventions are provided by a range of staff. These range from CBT to protective behaviours.

CAMHS CAST: We work closely with this professional body which is a service that sits within Worcestershire CAMHS (Child and Adolescent Mental Health Services). They work directly with young people experiencing or at risk of experiencing mental health difficulties. The service offers consultation, advice, support and training which can be specifically tailored to suit the professional seeking the service.

Reach 4 Wellbeing: Run by Worcestershire Health Team young people are referred by school or self-referred. Small group sessions are then offered in school by the Health Service focussing on Positive well-being and mental health.

Support agencies: We have good links with the Community Social Worker and other support agencies including the Educational Health services: In addition to the above professionals, we also work closely with Targeted Family Support Workers. We also utilize the expertise of Educational Psychologists if the need arises.

Education Welfare Officer: Every child whose attendance is below 92% are carefully monitored and support offered wherever possible with the support of our Education Welfare Officer who works across our Pyramid (Prince Henrys and Bredon Hill Middle School). Formal attendance meetings are held and improvements recognised. We operate a first day response system to safeguard our young people. If your child is off school for a serious medical condition we will also refer to the Medical Education Team to access tutoring.

Staff training: Having a well-trained staff who are able to identify concerns quickly and report appropriately means that we can identify young people in need of Early Help. All of the DSL team are Prevent Trained and ALL staff are clear about how to identify the early stages of radicalisation and what to do. All staff have been trained about the indicators of Child Sexual Exploitation through the whole school safeguard training delivered annually. A number of staff have been trained in Lego therapy which provides a way of developing social skills.

PSHE Programme (led by Mrs Croft): Our school delivers a comprehensive Personal, Social and Health Education (PSHE) and Relationship and Sex Education (RSE) programmes. This support the children's understanding of how to keep themselves safe. It also broadens their understanding of strategies to develop their resilience, as well as their awareness of their mental health and approaches to keep this aspect of their lives healthy.

E- safety (led by Mrs Higgins): Our e-safety lead has planned a curriculum which addresses the issues faced by our young people online. Parents workshops are also available.

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Dogs as Therapy: Our school has 2 access to two Therapy dogs (Kenny Rogers and Bernard) to improve the well-being of staff and pupils.

Fare Share: This project has enabled us to offer free breakfast to all children giving them a good start to the day and the chance to share a meal and socialize. Additionally, the project has meant that food boxes can be requested by families who may need that bit of extra support.

Local Community support: Our PCSO is providing invaluable help in sharing information with us about the local area, liaising informally with our young people and supporting when a young person looks like they could be at risk or vulnerable. You Turn is a charity in Evesham which supports young people at risk of exclusion or who are struggling to make the most of their education. Interventions are provided to some of our young people from anger management to ASDAN awards.

Other support: Footsteps is a bereavement counselling service in Worcestershire that supports children who have experienced loss. We use their expertise to help our young people when they are struggling to cope. Mentor link provides us with mentors for some of our more vulnerable young people. We have good links with Worcestershire Young Carers and refer when we are aware a young person is caring at home. The Be You Programme provides structured activities to engage young people who are struggling with self-esteem, motivation, confidence or engagement.

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